So much work, so little time: maximizing elastic energy within the duration of muscle contraction

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Outline



Outline

I. Elastic systems in biology

II. Static muscle-spring model

III. Dynamic muscle-spring model



Mantis shrimp



Chameleon



Flea

















Video courtesy of Stephen Deban











Video courtesy of Gregory Sutton



470,000 W/kg



41,000 W/kg





10,000 W/kg







470,000 W/kg





10,000 W/kg

Are springs tuned to muscle to store maximal elastic energy?



Bullfrogs store elastic energy in their hindlimbs before jumping.





Human leg

Outline

- I. Elastic systems in biology
- II. Static muscle-spring model
- III. Dynamic muscle-spring model

Connecting muscle and springs

$$F_{muscle} = F_{spring}$$

$$F_{activation}(t) \cdot F_{velocity}(v) \cdot F_{length}(x_m) = -kx_s$$
Dynamic factors

 $F_{length}(x_m) = k x_m$

























Why doesn't the stiffness of Bullfrog tendon match the model's prediction?

1) Bullfrog muscles and tendons are not tuned to store maximal elastic energy.

2) The mathematical model is incorrect.

Is the model appropriate for our question?

$$F_{nuscle} = F_{spring}$$

$$F_{activation}(t) \cdot F_{velocity}(v) \cdot F_{length}(x_m) = kx_m$$

Is the model appropriate for our question?



Full contraction: 100 ms

Muscle stretches spring: 50 ms

ns

Muscle is not fully contracted prior to jump!

Model endpoint

Biological endpoint

Azizi and Roberts (2010)

Outline

- I. Elastic systems in biology
- II. Simplified muscle-spring model
- III. Dynamic muscle-spring model



Investigating the dynamic effects of muscle length

$$F_{nuscle} = F_{spring}$$

$$F_{activation}(t) \cdot F_{velocity}(v) \cdot F_{length}(x_m) = kx_m$$

$$F_{activation}(t) \cdot F_{velocity}(\Delta x_m, \Delta t) \cdot F_{length}(x_m) = kx_m$$
Indirect effects Direct effects

Find the single value of x_m that satisfies the equation.

$$\frac{F_{activation}(t)}{k} = \frac{x_m}{F_{length}(x_m) \cdot F_{velocity}(\Delta x_m, \Delta t)}$$





(within 50 ms)







gy storage? *(within 50 ms)*



gy storage? *(within 50 ms)*



Summary

I. Are springs tuned to muscle to store maximal energy?

II. Bullfrog tendons don't maximize total elastic energy at full muscle contraction.

III. Within the duration of a jump, Bullfrog tendons are tuned to store maximal elastic energy.



Reflect on the use/role of high performance computing in your research.





Infinite time

Elastic systems are ubiquitous in biology.



All the major and many of the minor living branches of life are shown on this diagram, but only a few of those that have gone extinct are shown. Example: Dinosaurs - extinct

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Questions?

